

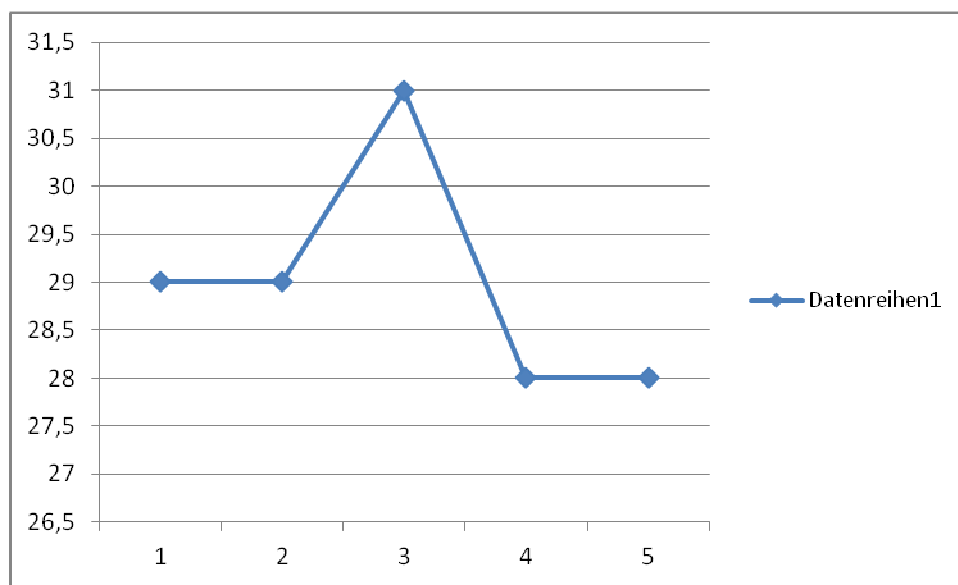
## Test results of 5 days hydration progress

### KÖHYD z2 readings

Application applied by drinking 200ml. fluids every 180 minutes.

#### Masculine 44 years old

09:00	30	29	27	29	29
12:00	31	30	29	31	29
15:00	30	28	31	29	28
18:00	29	29	31	28	28
	Day 1	Day 2	Day 3	Day 4	Day 5



Graph reading result at 18:00 5 days test